



To: Coventry Health and Wellbeing Board

Date: 28th November 2016

From: Matt Gilks, Director of Commissioning,
Coventry and Rugby CCG and Chair of CAMHS Transformation Board

Title: CAMHS Transformation Plan – Year 1 Refresh

1. Purpose

1.1 The purpose of the report is to seek endorsement from the Coventry Health and Wellbeing Board for the refreshed CAMHS Transformation Plan.

2. Recommendations

2.1 Health and Wellbeing Board is recommended to:

- Formally endorse the end of year 1 refreshed plan.
- Receive a year 2 refreshed plan in October 2017.

3. Background

3.1 'Future in Mind' was published in March 2015 by the Department of Health and NHS England. The document set out a series of proposals to improve outcomes for children and young people with mental health problems, emphasising the need for joined up provision and commissioning. These proposals were endorsed by the Five Year Forward View for Mental Health published earlier this year.

3.2 NHS England agreed that access to the new funds for children and young people's mental health announced in the Autumn Statement 2014 and Spring Budget 2015 would follow the development of local Transformation Plans to describe how the national ambition could be translated and delivered locally over a period of 5 years.

3.3 Coventry and Warwickshire developed a joint plan that was submitted in October 2015, and subsequently assured by NHS England, which secured release of £878k funding annually for Coventry and Rugby, recurrent for 5 years.

3.4 Plans have now been in place for a year and each local area was required to refresh their transformation plan to demonstrate to NHS England the progress being made, that the funding is being spent as intended and provide evidence on how services are being transformed.

3.5 The refreshed Coventry and Warwickshire Plan was submitted to NHS England on 07.11.16 for assurance.

4. Coventry and Warwickshire Priorities

4.1 The focus has been on the planning and delivery of the following seven key strategic priority themes:

1. Reducing waiting times for mental health and emotional wellbeing services
2. Provide a crisis response service to support children and young people presenting with self-harm needs and preventing unnecessary hospital admissions
3. Improved access to specialist support, including autistic spectrum disorder (ASD)
4. Providing support to the most vulnerable
5. Strengthening mental health support to children and young people in schools
6. Enhancing access and support through the utilisation of technology
7. Implementation of a dedicated community based Eating Disorder Service

5. Challenges

5.1 There are a range of challenges that the plan has had to address, including:

- Increasing number of referrals
- High rates of ASD presentation
- Higher than average rates of hospital admission for self-harm
- Recruitment of additional staff at a time when nationally there has been an increase in demand for children's mental health professionals and therefore a limited pool of suitably qualified and experienced professionals to appoint

6. Year 1 Progress

6.1 The initial year of the five-year plan has focused on addressing some of the fundamental legacy challenges relating to capacity and demand. Since implementation of the five year plan, the investments made, and development activity has led to the following:

- Sustaining referral to treatment waiting times within 1 week for urgent cases and 18 weeks maximum for routines cases.
- A commitment to ensuring 95% of young people receive a follow up appointment within 12 weeks.
- Embedding the Acute Liaison Service at hospital has ensured timely assessment and support for young people presenting to hospital in crises.
- Approving a new Eating Disorder service model, and recruiting professionals to deliver the service.
- Approving a new service model for supporting Looked After Children and care leavers, and recruiting professionals to deliver the service.

7. Next Steps

7.1 For Coventry, in year two the focus will be on:

- When NHS England assure the plan, publish the plan online
- Launching the new dedicated service for Looked After Children and care leavers
- Launching the new Eating Disorder Service, to support young people quicker where they have an eating disorder.
- Signing off and implementing a revised ASD pathway, that ensures earlier support for young people with ASD and reduced waiting times for diagnosis
- The rollout of a strengthened training and support package for teachers, and professionals
- Developing collaborative pathways for young people who may require specialist treatment beds will be a priority, with the aim of supporting more young people in the community, preventing admission and supporting timely discharge.

7.2 The budget allocation for each priority is detailed in table 1. On 28.10.16 a further £210k was bid for from NHS England to facilitate acceleration of reduction in waiting times, including ASD. Commissioners are awaiting the outcome of this bid.

Table 1. Budget allocation for 2016/2017 to each priority

Priority	Allocation
Priority 1: Waiting times	£190,125
Priority 2: Crisis support	£143,327
Priority 3: ASD support	£99,000
Priority 4: Vulnerable YP	£87,077
Priority 5: School support	£108,145
Priority 6: Technology	£326
Priority 7: Eating Disorder:	£250,000

Appendices

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